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Program Participant: January 2017 - June 2018



Main leadership challenge at the outset:

- · Moving from an informal to a formal leadership role
- Going through a challenging organizational change with my team
- · Difficulties in adapting to different personalities and behavioral styles
- · Desire to increase effective stakeholder management skills



Key learnings during the program:

- How to manage myself effectively not only my time but also my energy
- · How to be politically savvy and manage various stakeholders
- · Understanding team dynamics
- · Catering to diverse communication preferences



My program highlights:

- · Deep impact thanks to focus on the human aspect of leadership
- The right program at the right time to help me lead teams effectively
- A toolbox of methods that I am applying on a daily basis now



Personal Impact:

- Personal growth: I understand myself much better as a person and as a leader, I am more self-aware and adaptable
- Finding my personal leadership style: I am more open, people focused and believe in empowerment
- · It is easier for me to connect with people across teams and departments



Business impact:

- · Stakeholder Management: I am more politically savvy
- Personal Management: I am more effective and resilient
- My change as a leader has a positive influence on the organization's culture

»I was in a leadership program before which focused more on business skills. This GAIA Insights journey had a much deeper impact because of the length of the experience, the small number of participants (20) and the impact that it had on me as a person. It is not only about gaining knowledge like an MBA, you actually learn for life and for your long-term career. «

